Kinesiology (B.S.)

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The kinesiology department offers a Bachelor of Science in Kinesiology. Because of the diversity of the field, students are required to pursue one of three emphases within the major: sport management, exercise science or general kinesiology. Teacher licensure in the field of physical education is another option for Kinesiology majors, with the curriculum mandated by the state of Virginia. Minors in Kinesiology are also offered, and the sport management articulated program includes a minor in business. In addition, a pre-athletic training program is offered in which students will complete 95 undergraduate hours prior to entering the athletic training graduate program, following the exercise science emphasis, in addition to specified elective hours. Upon completion of the first year of the graduate program, athletic training students will be eligible for the

Kinesiology Core Requirements Course Title Credit Hours KIN 101 Health and Fitness 1 KIN 190 Introduction to Kinesiology 3 KIN 191 CPR and First Aid 1 Activity Course (one of the following activi RDG 425 Reading and Writing in the Content Area (6-12) 3 Pass PRAXIS II requirement before student teaching